



110 New Stine Rd Bakersfield Ca 93309

Phone: (661)665-6075

Fax: (661)-558-0636

Date: _____

Time: _____

Pre Procedure Instructions

Last Meal Day Off: _____ To _____

1. **NO food or drinks 4 hours prior to procedure**
2. You must have a designated driver.
3. Wear comfortable clothes and please no perfumes or scented lotions.
4. Please take a bath the day before the procedure because you will not be able to shower for 24 hours after the procedure. Please be noted that you will be asked to remove all clothing the day of the procedure and you will be given a gown.
5. Please call the Office if you have any questions or concerns.

TAKE: High / low blood pressure, heart medications and pain medicine early in the morning with a small sip of water (enough to take the medication)

**DO NOT TAKE: Metformin/Aspirin 81 24hrs before your procedure
3 days before procedure Do Not Take following Medications Eliquis, Warfarin, Coumadin**

DO NOT TAKE: METFORMIN 48 HOURS AFTER THE PROCEDURE.

Diabetics

Check your blood sugar early in the morning of the day of your procedure and call the office for instructions before taking any insulin or oral diabetic medications.

After Procedure Dr. Amiel Moshfegh will be Prescribing Aspirin 81 MG/Plavix 75 MG if not taken Already.

**Please Call In you need transportation to
661-665-6075**

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Labs Yes _____ No _____